He Really Is All I Need

Full Gospel Holy Temple
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Primary reading: Psalm 73:1–3, 12–17, 23–26
Read the full psalm for context. All Scripture quotations are KJV.

Message Overview

What happens when people who disregard God seem to have everything, while you are trying to live faithfully and still facing hardship? Apostle Murray addresses that struggle through Psalm 73. Asaph begins by affirming God's goodness, then admits that envy nearly caused him to slip. He saw the prosperity of the wicked and began to wonder whether keeping his heart clean had been pointless.

The message warns that comparison can distort our understanding of God's care. Someone else's money, possessions, health, or public image cannot tell the whole story. Apostle Murray encourages listeners to acknowledge their questions while processing life through faith. We do not have to trade lives with another person to honor God where we are.

The turning point comes when Asaph enters God's sanctuary and gains an eternal perspective. By the end of the psalm, his attention has moved from what others possess to the God who holds, guides, and sustains him. The message calls us to keep worshiping, refuse envy, remember God's faithfulness, and continue doing good. Contentment rests in knowing that God Himself is our portion, even when circumstances remain difficult.

Key Scripture

> "Whom have I in heaven but thee? and there is none upon earth that I desire beside thee.
>
> My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever."
> — Psalm 73:25–26, KJV

Follow the Movement of the Psalm

God is good → Envy unsettles Asaph → He questions the value of obedience → God's sanctuary changes his perspective → He treasures God as his lasting portion.

Study help: Portion refers here to God as Asaph's lasting share and source of security. The conclusion concerns the value of belonging to God, beyond temporary possessions.

Key Points From the Message

1 Begin with what you know about God

Asaph's confession of confusion follows his affirmation that God is good. Apostle Murray encourages listeners to anchor their understanding in God's goodness when life is painful or difficult to explain. He openly acknowledges having questions. The call is to bring those questions to God without letting present circumstances become the final measure of His character.

Scripture in the message: Psalm 73:1–3; Romans 8:28.

2 Comparison can make you overlook what you have

Asaph became absorbed in other people's prosperity until he began to resent his own life. Apostle Murray applies this to houses, cars, money, and social media images. He warns against taking on debt simply to keep up with someone else. The practical issue is the heart: another person's advantage must not become a reason to stop valuing God's care or to wish them harm.

Scripture in the message: Psalm 73:3, 12–14; Luke 12:15.

3 Bring your troubled perspective into God's presence

Asaph could not resolve the problem by continuing to stare at what others had. The sanctuary marks the change in his understanding. Apostle Murray repeatedly urges listeners to stay connected to worship and the house of God. God's presence and the truth heard there remind believers of His faithfulness and help them see beyond the appearance of the moment.

Scripture in the message: Psalm 73:16–17; Psalm 16:11.

4 God's faithfulness is worth more than possessions

The psalm's conclusion focuses on God holding Asaph's hand, guiding him, and receiving him to glory. Apostle Murray recalls God's protection, provision, and help through trouble. The lasting treasure is God Himself. A person can have genuine needs and still recognize His goodness. Contentment does not require having someone else's bank account, health report, or family situation.

Scripture in the message: Psalm 73:23–26; Philippians 4:11.

5 Keep doing good while you wait

The closing appeal is to remain faithful rather than compete with people who do not honor God. Temporary success does not reveal anyone's final end. Apostle Murray encourages believers to keep living as God has called them to live and to hold their confidence in Him. The response to discouragement is continued trust and obedience, with an eternal view of God's reward.

Scripture in the message: Galatians 6:9; Hebrews 10:35–36; Psalm 73:17–26.

Putting the Message Into Practice

Choose actions that address the places where comparison is affecting your thoughts and choices.

1. Name one comparison that has been troubling you. Write what you see in the other person's life and what you are assuming about your own.

2. Pray honestly about your questions. Read Psalm 73:1–3 and 16–17, and ask God to help you understand your situation through His Word.

3. Reduce one source of repeated comparison. Mute or unfollow an account if viewing it keeps feeding resentment, as the sermon suggests.

4. List three specific ways God has shown faithfulness in your life. Include help, guidance, protection, or strength, rather than only possessions.

5. Practice rejoicing with someone else. Offer a sincere word of congratulations without comparing their blessing to your situation.

6. Pause before making a purchase to keep up with others. Ask whether it meets a real need and fits your resources.

7. Make room for worship and fellowship this week. Bring one concern to God in prayer and listen for the truth of Scripture.

8. Continue one good responsibility you have felt tempted to abandon. Decide what faithfulness will look like in that task today.

My Next Step

One comparison I will release and one faithful action I will take:

_____

_____

_____

Personal Reflection Questions

1. What has comparison caused you to overlook about God's care?

2. How can you be honest about pain without deciding that obedience is pointless?

3. What changes in Asaph's thinking between verses 13 and 25–26?

4. Which memory of God's faithfulness can help you face your current questions?

5. What would contentment in God look like while you still have an unmet need?

Family Discussion

Read Psalm 73:23–26 together. Explain envy as resenting what someone else has and wanting their advantage for yourself.

1. When is it easy for people our age to compare themselves with others?

2. Why can a picture or post fail to show the whole story of someone's life?

3. What is one way God has helped our family that we do not want to forget?

4. How can we be glad for someone else without feeling that we matter less?

5. What can we do together this week to practice gratitude and trust?

Family Challenge

Start a simple faithfulness list. Each person adds one example of God's help or one thing they are thankful for each day. At the end of the week, read it together and thank God. Include things that cannot be bought, such as encouragement, wisdom, and time together.

Small Group Discussion Guide

Suggested time: 30–45 minutes. Invite honest reflection, and allow anyone to pass. No one needs to disclose private financial or family details.

Opening prayer focus: Ask God for honest hearts, freedom from envy, and understanding of His goodness.

1. Opening connection: What kinds of things make a life look successful from the outside?

2. Read Psalm 73:1–3 and 12–17. How does Asaph's honesty help us understand the danger of envy?

3. Why does Asaph begin to question the value of keeping his heart clean?

4. What does verse 17 add that his earlier view of prosperity was missing?

5. Read verses 23–26. What does Asaph recognize that he already has in God?

6. How do the sermon's examples of social media and competitive spending connect to this psalm?

7. How can a church community make room for questions while encouraging continued faithfulness?

8. Closing commitment: What comparison will you interrupt, and what act of trust will you practice this week?

Group action: Encourage each participant to remember one example of God's faithfulness. Offer a voluntary check-in about the week's practical step.

Closing prayer focus: Thank God for His presence and guidance. Pray for contentment, strength in hardship, and perseverance in doing good.

Continue the Study

Additional study guidance: These readings develop the sermon's themes. Read each passage in the KJV. The prompts are added study helps, not quotations from the speaker.

Day 1 Be honest about comparison

Read Psalm 73:1–14. Notice how Asaph moves from affirming God's goodness to resenting the prosperity of the wicked. His description reveals the crisis he is working through.
Reflect: What conclusion have you drawn from comparing your life with someone else's?

Day 2 Let God reshape your perspective

Read Psalm 73:15–28. Notice the sanctuary's turning point and the shift from envying possessions to drawing near to God. Read the judgment passages alongside Asaph's confession of his own foolishness.
Reflect: What does the whole psalm help you see that appearances alone cannot?

Day 3 Learn contentment in different circumstances

Read Philippians 4:10–13. Paul describes learning contentment in both need and abundance. His confidence in Christ concerns strength for these changing circumstances.
Reflect: How can you practice faithfulness in the circumstances you have today?

Day 4 Recognize faithful mercy

Read Lamentations 3:19–26. These words of hope arise amid grief. Notice how remembering God's mercy and faithfulness gives the writer reason to wait on Him.
Reflect: What truth about God can you remember without pretending your pain is gone?

Day 5 Keep doing good

Read Galatians 6:7–10 and Hebrews 10:35–39. Notice the call to perseverance and to doing good to others. God's promised reward gives a reason to remain faithful.
Reflect: What good action will you continue even if its result is not immediate?

Key Takeaway

God's goodness is not measured by someone else's possessions. He remains the strength of our hearts and our lasting portion.

Weekly challenge: Each time comparison rises, name one evidence of God's faithfulness and take one practical step of obedience.

Closing prayer: Lord, help me bring You my questions honestly. Cleanse my heart of envy and help me rejoice with others. Remind me of Your faithfulness, guide my choices, and strengthen me to keep doing good. Teach me to treasure You as my portion. In Jesus' name, amen.

My Notes Prayers and Next Steps